

Neonatal Ventilation: New Ventilatory Modes and Assessment of Technology



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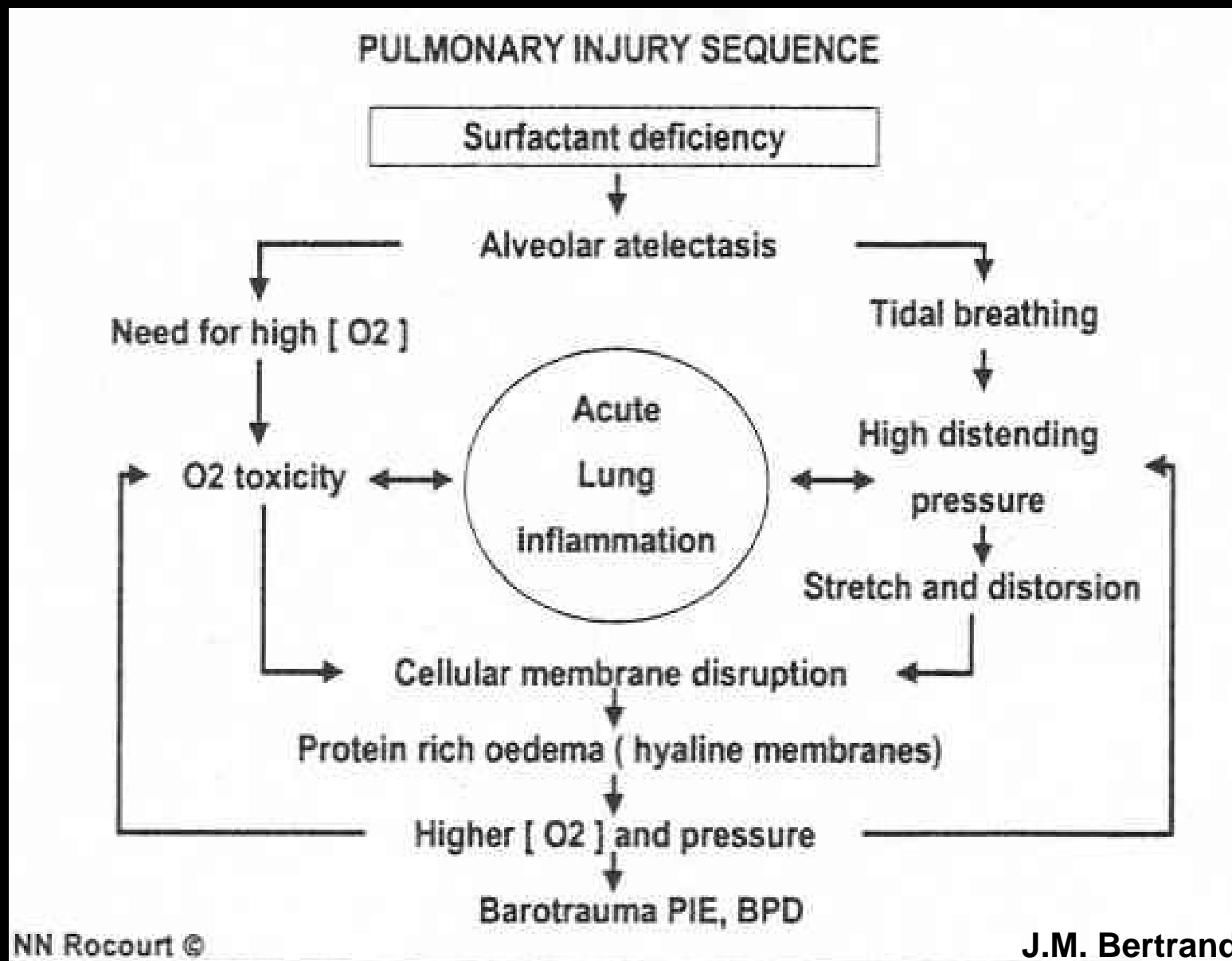
Technology Assessment:

Health Technology Assessment (HTA) defines the systematic analysis of short and longterm consequences of the application of medical technologies with the aim of supporting decisions in policy-making and practice.

Pereth M, Schwartz FW

Bundesgesundheitsbl - Gesundheitsforsch – Gesundheitsschutz 2001; 44:857–864

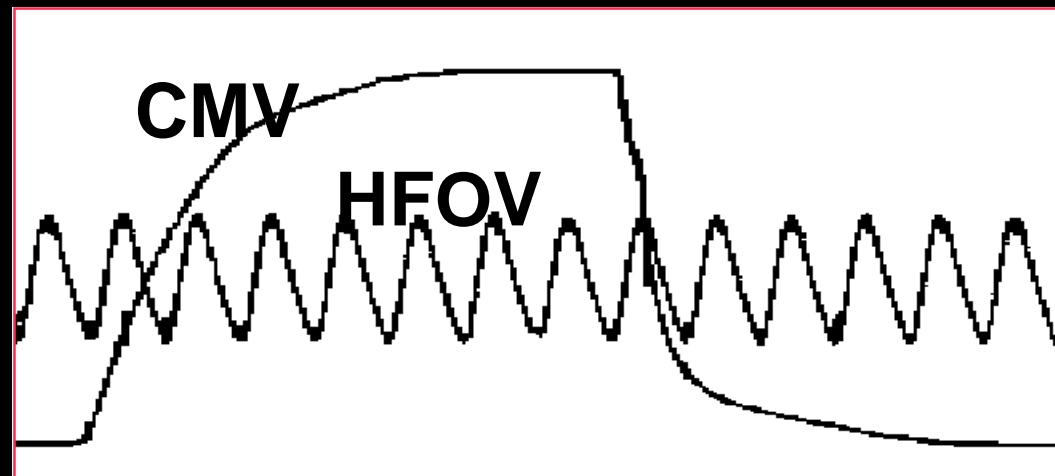
Neonatal Mechanical Ventilation and the Pulmonary Injury Sequence



Technology 1:

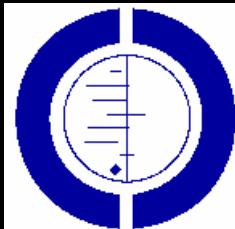
HFOV

1989 - 2003



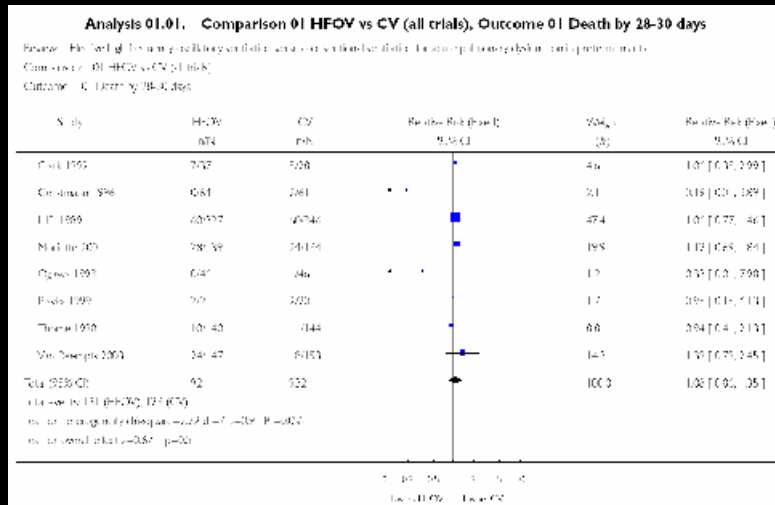
Elective high frequency oscillatory ventilation versus conventional ventilation for acute pulmonary dysfunction in preterm infants (Review)

Henderson-Smart DJ, Bhuta T, Cools F, Offringa M



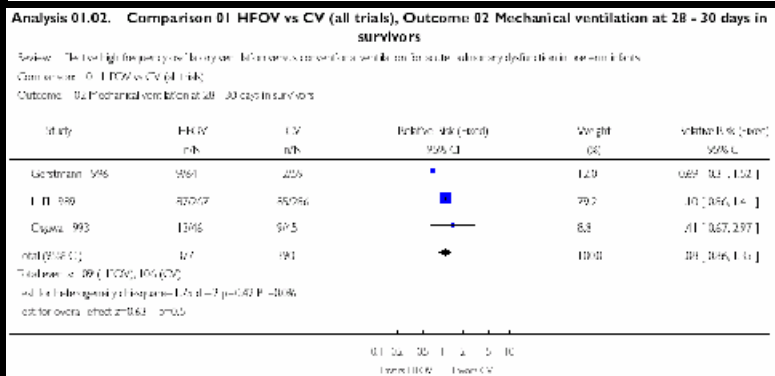
**THE COCHRANE
COLLABORATION®**

all trials



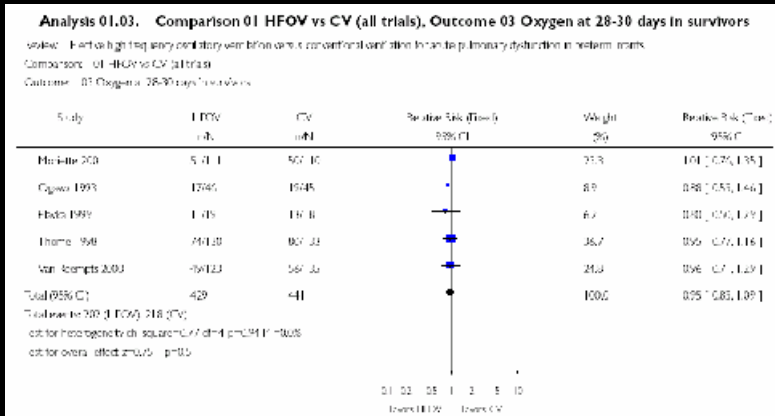
Death by 28 – 30 days

RR (96% CI): 1.08 (0.86, 1.35)



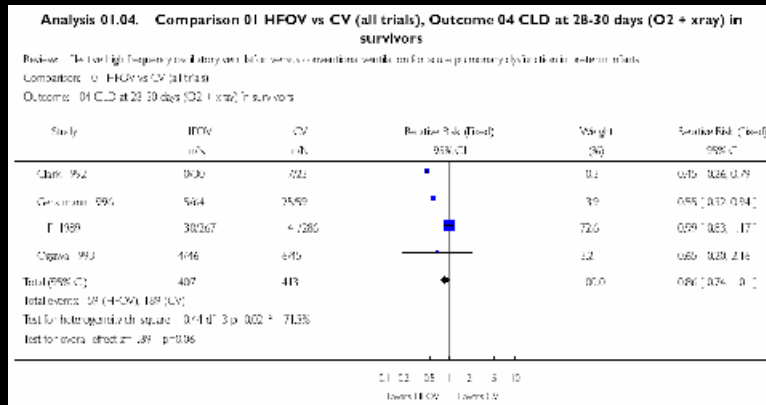
Mech. Ventilation at 28 – 30 days

RR (96% CI): 1.08 (0.86, 1.35)



Oxygen at 28 – 30 days

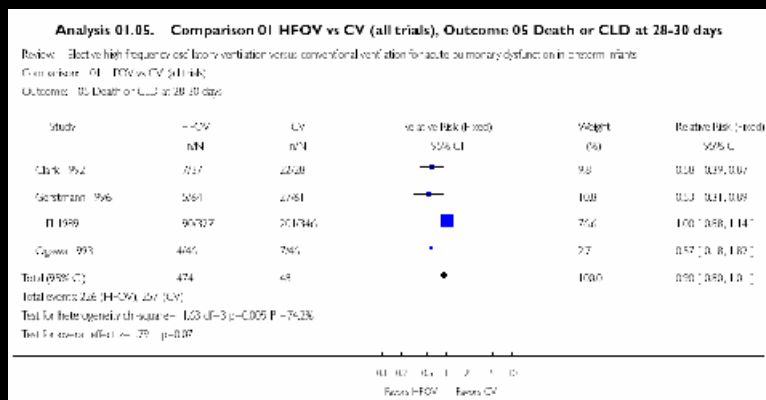
RR (96% CI): 0.95 (0.83, 1.09)



all trials

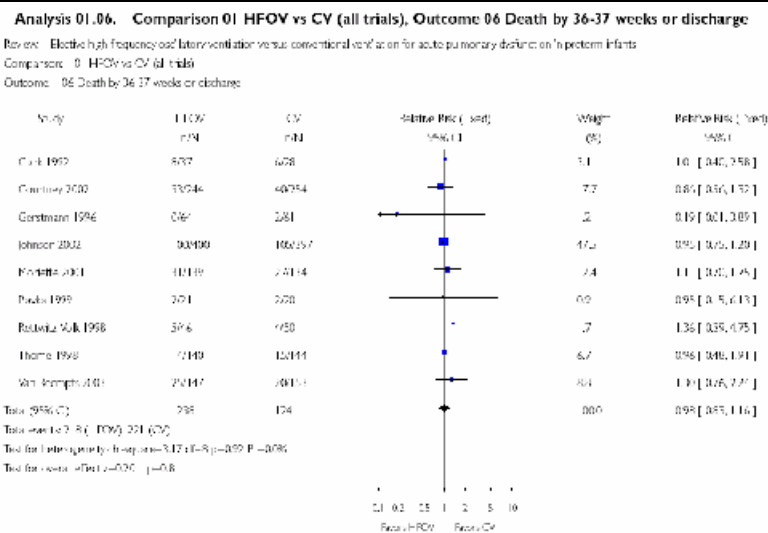
CLD at 28 – 30 days (O2 + xray)

RR (96% CI): 0.86 (0.74, 1.01)



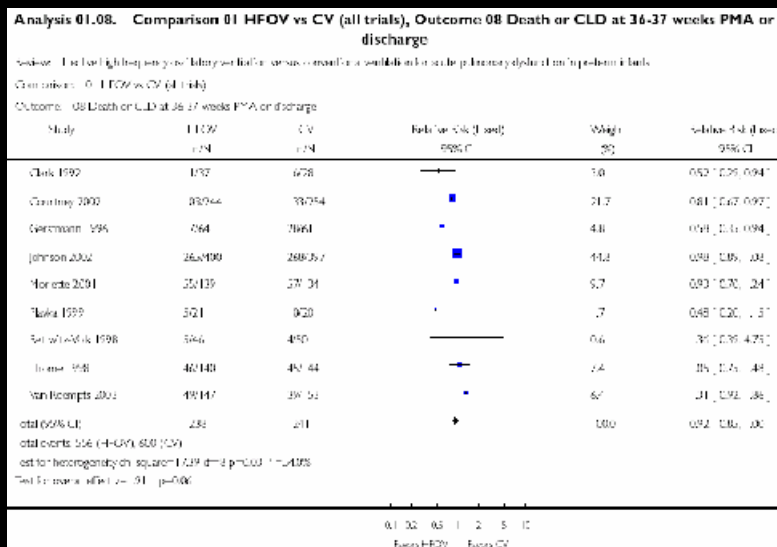
Death or CLD at 28 – 30 days

RR (96% CI): 0.90 (0.80, 1.01)



all trials

Death by 36-37 weeks or discharge
 RR (95% CI): 0.98 (0.83, 1.16)



Death or CLD at 36-370 weeks
 RR (95% CI): 1.08 (0.86, 1.35)

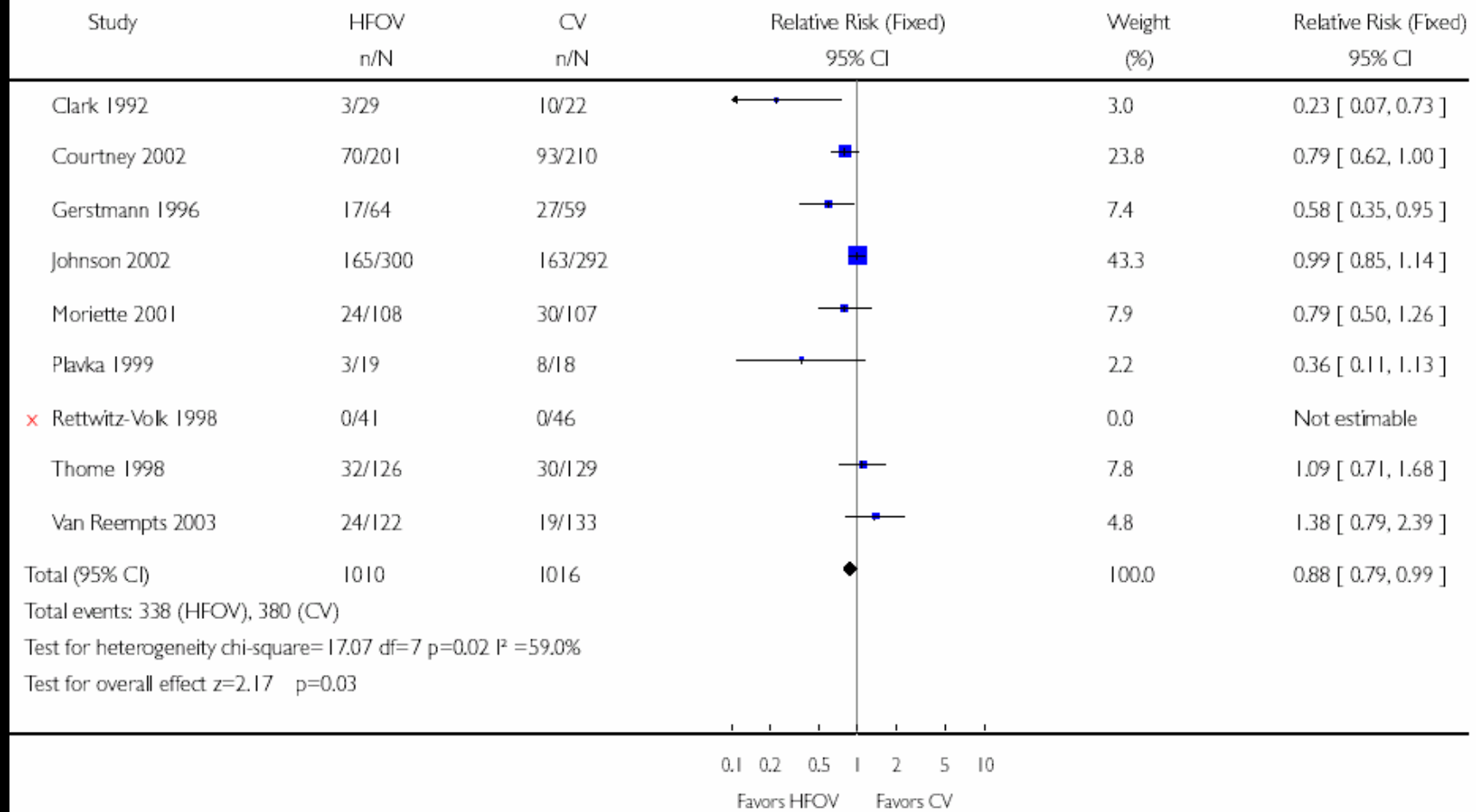
all trials

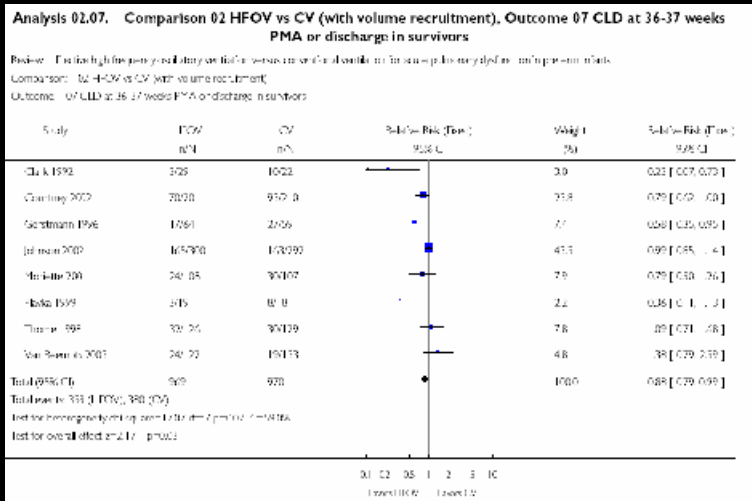
Analysis 01.07. Comparison 01 HFOV vs CV (all trials), Outcome 07 CLD at 36-37 weeks PMA or discharge in survivors

Review: Elective high frequency oscillatory ventilation versus conventional ventilation for acute pulmonary dysfunction in preterm infants

Comparison: 01 HFOV vs CV (all trials)

Outcome: 07 CLD at 36-37 weeks PMA or discharge in survivors

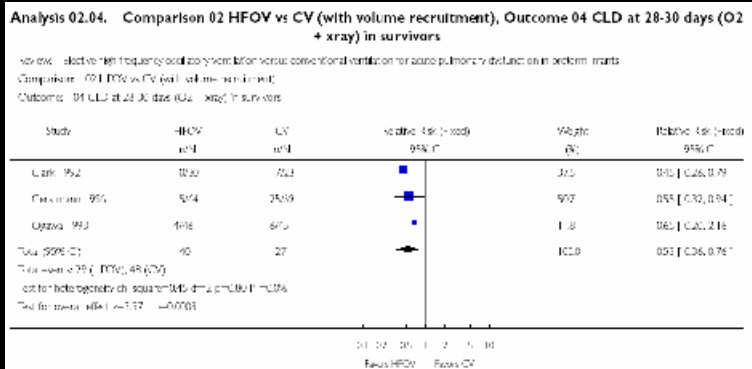




with volume recruitment

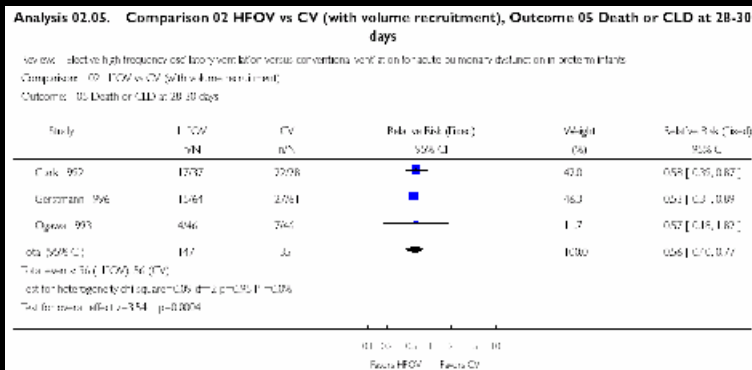
CLD at 36- 37 weeks or discharge

RR (96% CI): 0.88 (0.79, 0.99)



CLD at 28 – 30 days

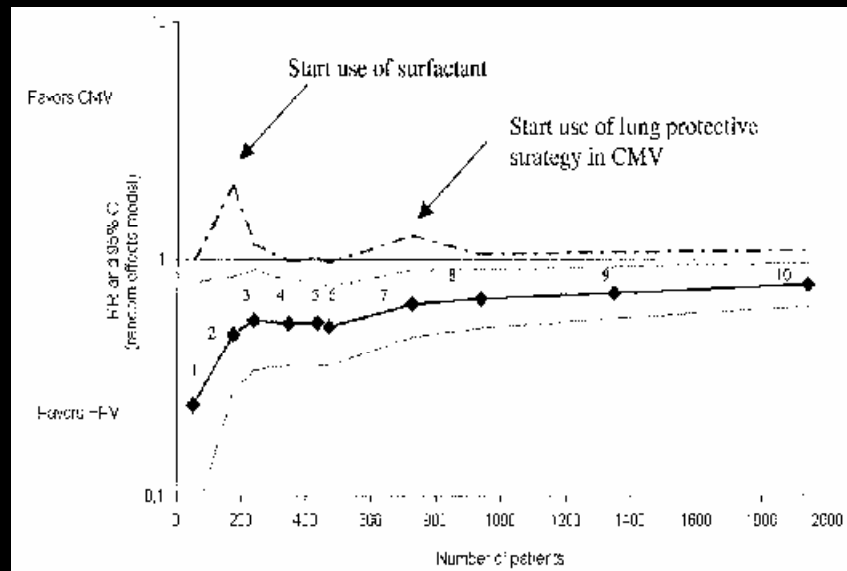
RR (96% CI): 0.53 (0.36, 0.76)



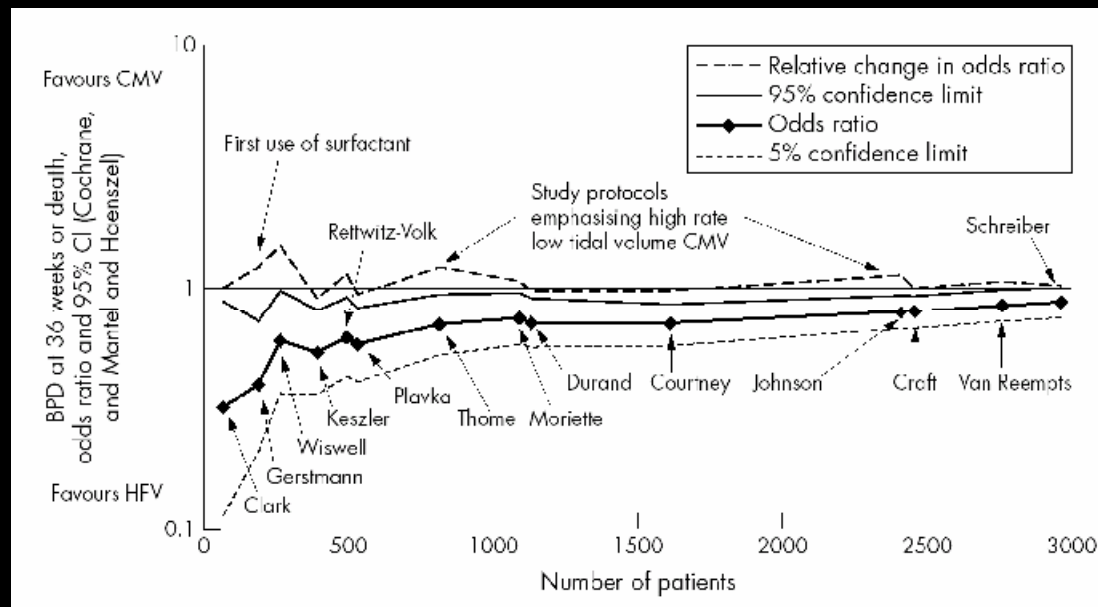
Death or CLD at 28 – 30 days

RR (96% CI): 0.56 (0.40, 0.77)

Cumulative Metaanalysis: HFV vs CMV



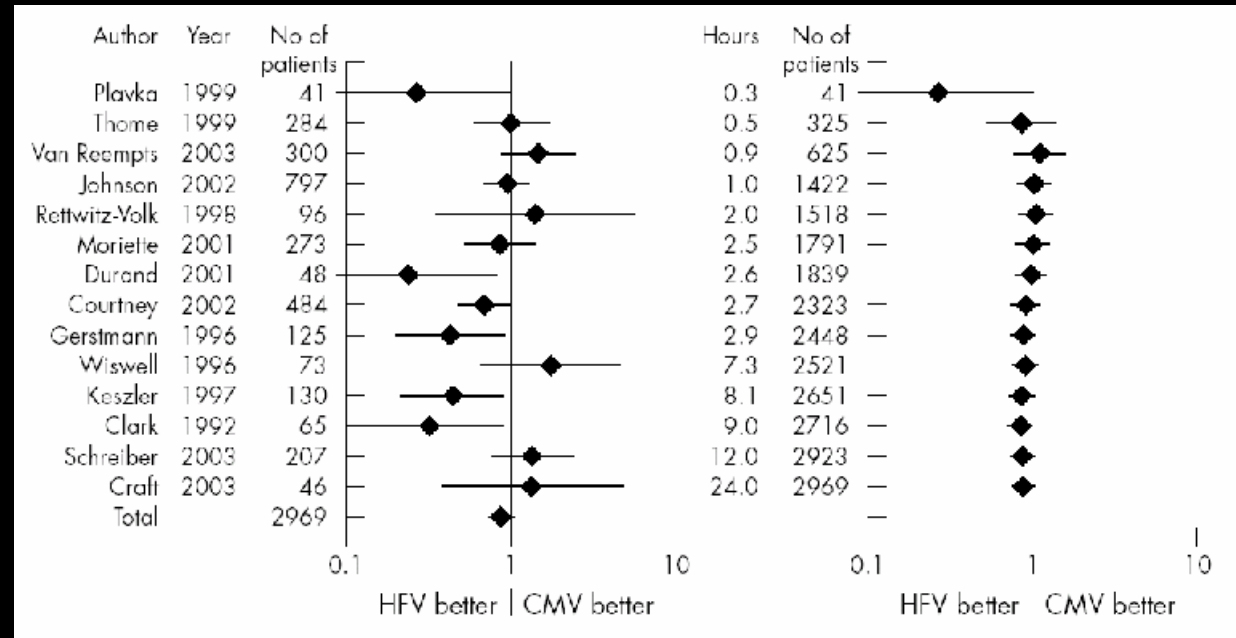
Bollen et al. AJRCCM 2003; 168: 1150–1155



Thome UH
Arch Dis Child Fetal Neonatal Ed
2005;90:F466–F473

Cumulative Metaanalysis: HFV vs CMV

Cumulative
meta-analysis
ordered
by time delay
to randomisation

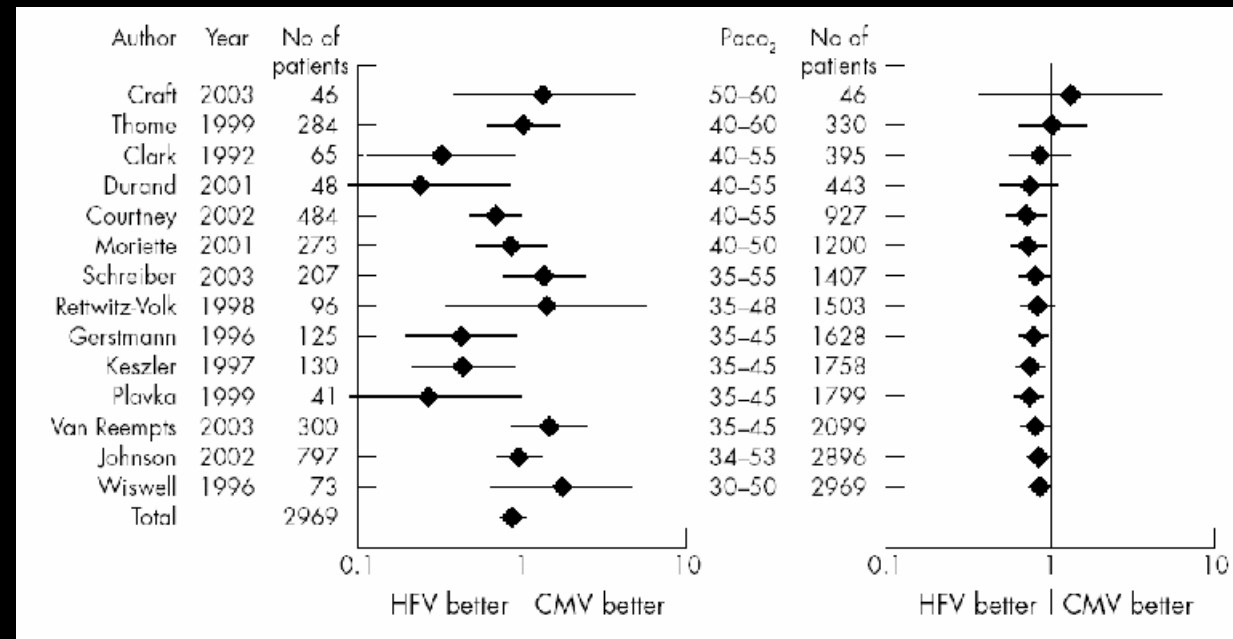


Thome UH Arch Dis Child Fetal Neonatal Ed 2005;90:F466–F473

Covariate: CMV strategy used before randomization ! ?

Cumulative Metaanalysis: HFV vs CMV

Cumulative
meta-analysis
ordered
by pCO₂



The authors
conclusions

- Optimising conventional mechanical ventilation strategy appeared to be as effective as high frequency ventilation in improving pulmonary outcome in preterm infants
- Purchasing costly HFV ventilators appears to be unnecessary for most neonatal intensive care units

Lung-protective ventilation strategies in neonatology: What do we know—What do we need to know?

Anton H. van Kaam, MD, PhD; Peter C. Rimensberger, MD

Crit Care Med 2007; 35:925–931

A total of 16 RCTs and 4 systematic reviews comparing HFOV with CMV failed to show consistent differences in mortality and bronchopulmonary dysplasia.

A total of 24 RCTs and 3 systematic reviews comparing various CMV modes and settings and 2 RCTs investigating permissive hypercapnia reported no differences in mortality or bronchopulmonary dysplasia.

No RCT in newborn infants has substantiated so far that avoiding large tidal volumes and low positive end-expiratory pressure during CMV is lung protective in newborn infants.

Based on the experimental evidence, **HFV should be combined with an optimal recruitment strategy** using oxygenation as an indirect marker for lung volume (FiO₂ below 30%).

Author	Methods			Results			
	(Y/N)	FiO ₂	CXR ^c	HFV	CMV	HFV	CMV
HIFI et al. (4)	N	—	—	9	9	0.43	0.42
Carlo							—
Clark							^c
Ogawa							0.50
Wisw							—
Gerstmann et al. (9)	Y	≤0.30	8–9	11	9	0.28	0.36
Keszler et al. (10)	Y	—	—	11	10	0.50	0.65
Rettwitz et al. (11)	N	—	—	8	8	0.45	0.42
Thom							0.25
Plavka							—
Morie							0.68 ^d
Court							0.33
Johns							0.38
Craft							^c
Reemtsma et al. (18)	Y	≤0.25	—	11	8	0.30	0.50
Vento et al. (19)	Y	≤0.25	—	13	11	0.29 ^e	0.67

Some trials used a low lung volume strategy

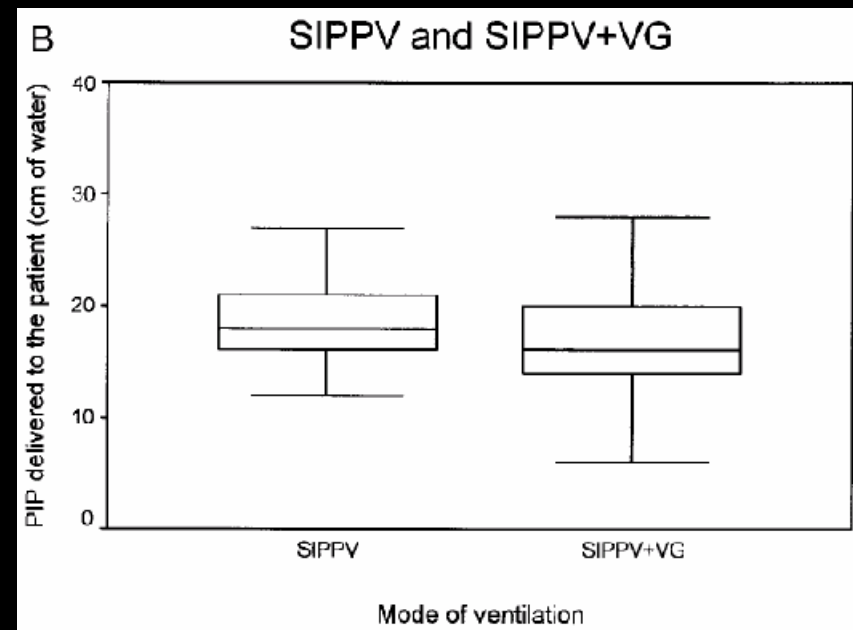
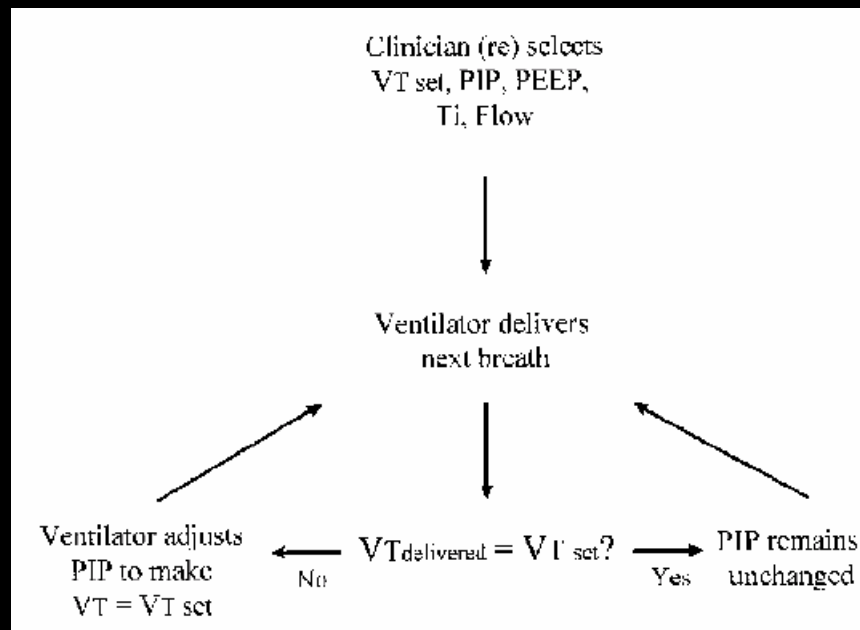
Some trials do even not report on the ventilation strategy applied

Most trials failed to obtain optimal lung volume - that was part of the study protocol!

Technology 2

Volume Targeted Ventilation: 2001 - 2007

Concept: deliver the set V_t at the lowest airway pressure possible



Technology 2

Volume Targeted Ventilation: 2001 - 2007

	SIMV	SIMV + VG	P Value	SIPPV	SIPPV + VG	P Value
PIP, mean (standard error) cm of water	17.1 (3.4)	15.0 (7.5)	<.001	18.7 (8.3)	17.1 (9.3)	<.001
Mean airway pressure, mean (standard error) cm of water	6.9 (2.8)	6.5 (3.1)	.005	9.8 (4.6)	9.6 (4.5)	.008
Expired tidal volume, mean (standard error) mL/kg	5.0 (5.6)	4.9 (5.2)	.59	4.8 (3.4)	4.8 (3.2)	.62
Expired minute volume, mean (standard error) mL/min/kg	291 (2.1)	289 (2.1)	.89	331.6 (2.0)	334.5 (2.2)	.72
Fractional inspired oxygen, mean (standard error)	0.31 (0.3)	0.31 (0.3)	.38	40.4 (0.4)	41.0 (0.4)	.56
Transcutaneous partial pressure of carbon dioxide, mean (standard error) kPa	5.9 (2.2)	6.0 (2.2)	.47	6.4 (2.8)	6.4 (2.9)	.86
Transcutaneous partial pressure of oxygen, mean (standard error) kPa	8.6 (8.8)	8.4 (8.7)	.40	7.7 (4.4)	7.6 (4.0)	.30

Cheema IU *Pediatrics* 2001;107:1323–1328

	PSV + VG (n = 30)	PSV (n = 23)
Birth weight (g)	1,125 ± 370	1,197 ± 333
GA (weeks)	28.5 ± 2	29.4 ± 1.6
Antenatal steroids	26 (86%)	20 (86%)
Age at study (hours)	3 ± 2	3 ± 2

¹*P* = ns. SD, standard deviation.

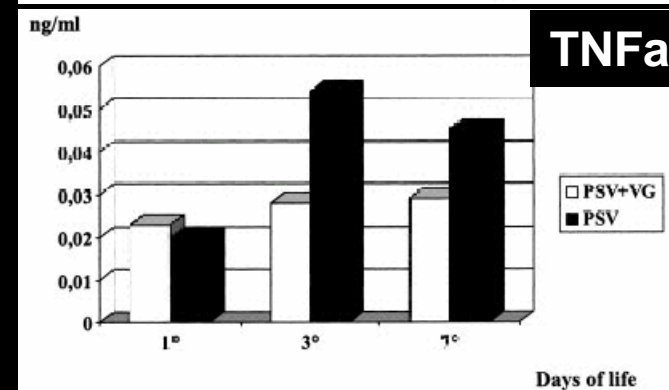
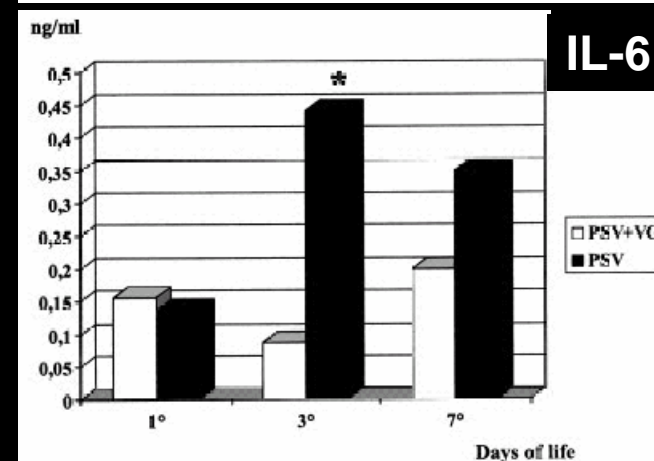
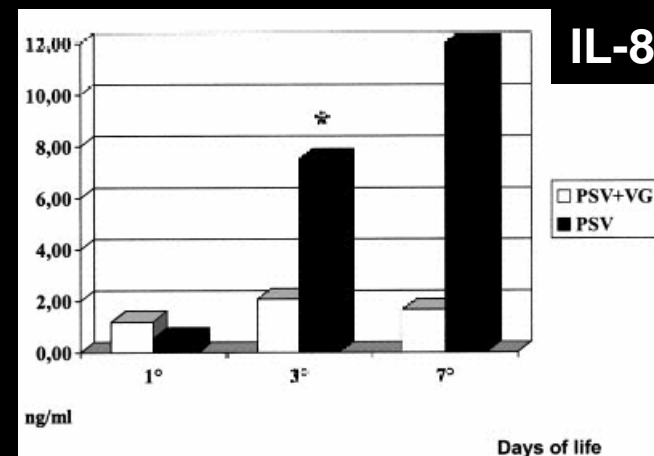
TABLE 3—Outcome¹

	PSV + VG group (n = 30)	PSV group (n = 23)
Length of ventilation (days; mean ± standard deviation)	8.8 ± 3	12.3 ± 3
Surfactant (doses; median)	1	1
BPD (n) ²	3 (10%)	4 (17%)
CLD (n) ³	3 (10%)	4 (17%)
Deaths (n)	5 (16%)	6 (26%)
IVH (≥3) (n)	1 (3%)	2 (8%)
PLV (n)	1 (3%)	2 (8%)
ROP (≥2) (n)	2 (6%)	1 (4%)
PIE (n)	2 (6%)	2 (8%)
PDA closure (n)	22 (73%)	20 (86%)
PNX (n)	0 (0%)	3 (13%)

¹ROP, retinopathy of the premature; PIE, pulmonary interstitial emphysema; PNX, pneumothorax; PDA, patency of ductus arteriosus; BPD, bronchopulmonary dysplasia. *P* = ns.

²O₂ dependency at 28 days.

³O₂ dependency at 36 weeks.



Volume targeted ventilation: A Self Weaning Mode



Methods:

PSV group: The weaning strategy consisted of reducing the pressure support level progressively over time, so that the work of breathing was shifted from ventilator to the patient.

PSV-VG group: Weaning was a more automatic process once appropriate levels of V_t had been established.

Similar blood gas goals (e.g., $\text{pH} > 7.25$; pO_2 , 50–75 mmHg; pCO_2 , 40–65 mmHg) were achieved during weaning from mechanical ventilation in both groups.

Infants at less than 30 weeks of gestation with RDS

	HFOV (n = 13)	PSV + VG (n = 12)	<i>P</i>
Mechanical ventilation at 7 days	3/13 (23)	2/12 (17)	1.000
O ₂ -therapy duration (days)	20.3 ± 14.6	22.0 ± 15.9	0.783
NCPAP duration (days)	6.9 ± 4.2	5.2 ± 2.4	0.232
Mechanical ventilation duration (days)	4.1 ± 1.1	4.5 ± 2.2	0.566
Second dose of surfactant	12/13 (92)	12/12 (100)	1.000
Patent ductus arteriosus	11/13 (85)	9/12 (75)	0.644
Pneumothorax	0/13	1/12 (8)	0.480
Bronchopulmonary dysplasia	4/13 (31)	3/12 (25)	1.000
Intraventricular hemorrhage	2/13 (15)	2/12 (17)	1.000
Periventricular leucomalacia	1/13 (8)	1/12 (8)	1.000
Retinopathy of prematurity	2/13 (21)	3/12 (25)	0.644
Necrotizing enterocolitis	0/13	0/12	1.000
Length of stay in intensive care	26.4 ± 11.8	27.3 ± 12.4	0.854
Length of stay in hospital	66.2 ± 19.9	62.8 ± 24.2	0.704
Mortality	2/13 (15)	2/12 (17)	1.000

¹Mean ± SD or rate (%).

Weaning Criteria: **FiO₂ 0.40**
 MAP 6 cmH₂O,
 pO₂ 50 mmHg and pCO₂ 50 <65 mmHg

Lista G et al. Pediatr Pulmonol 2006; 41:357–363



Length of mechanical ventilation as an outcome parameter

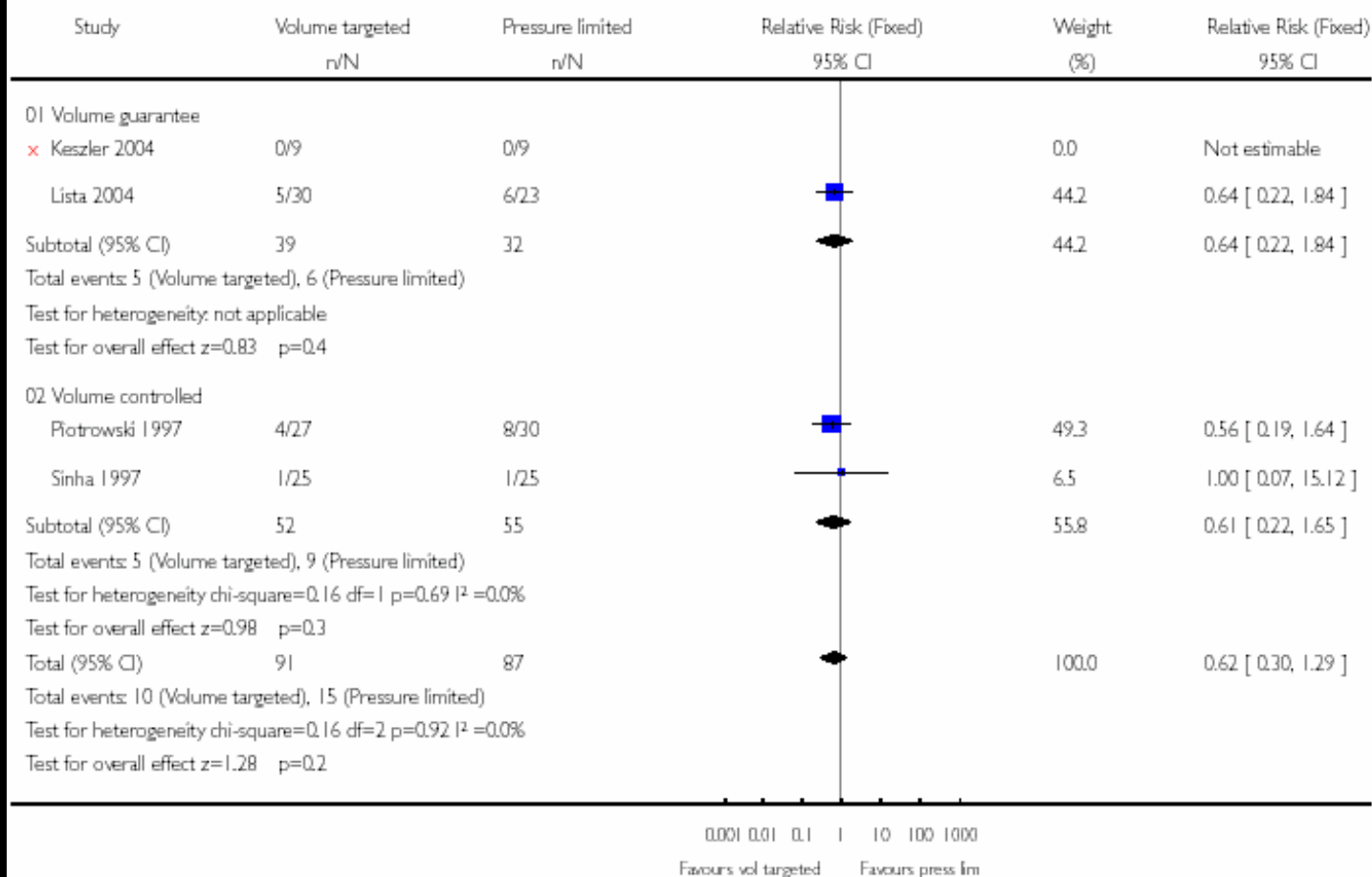
Outcome VTV: Death in Hospital

Analysis 01.01. Comparison 01 Volume-targeted vs pressure limited ventilation, Outcome 01 Death in hospital

Review: Volume-targeted versus pressure-limited ventilation in the neonate

Comparison: 01 Volume-targeted vs pressure limited ventilation

Outcome: 01 Death in hospital



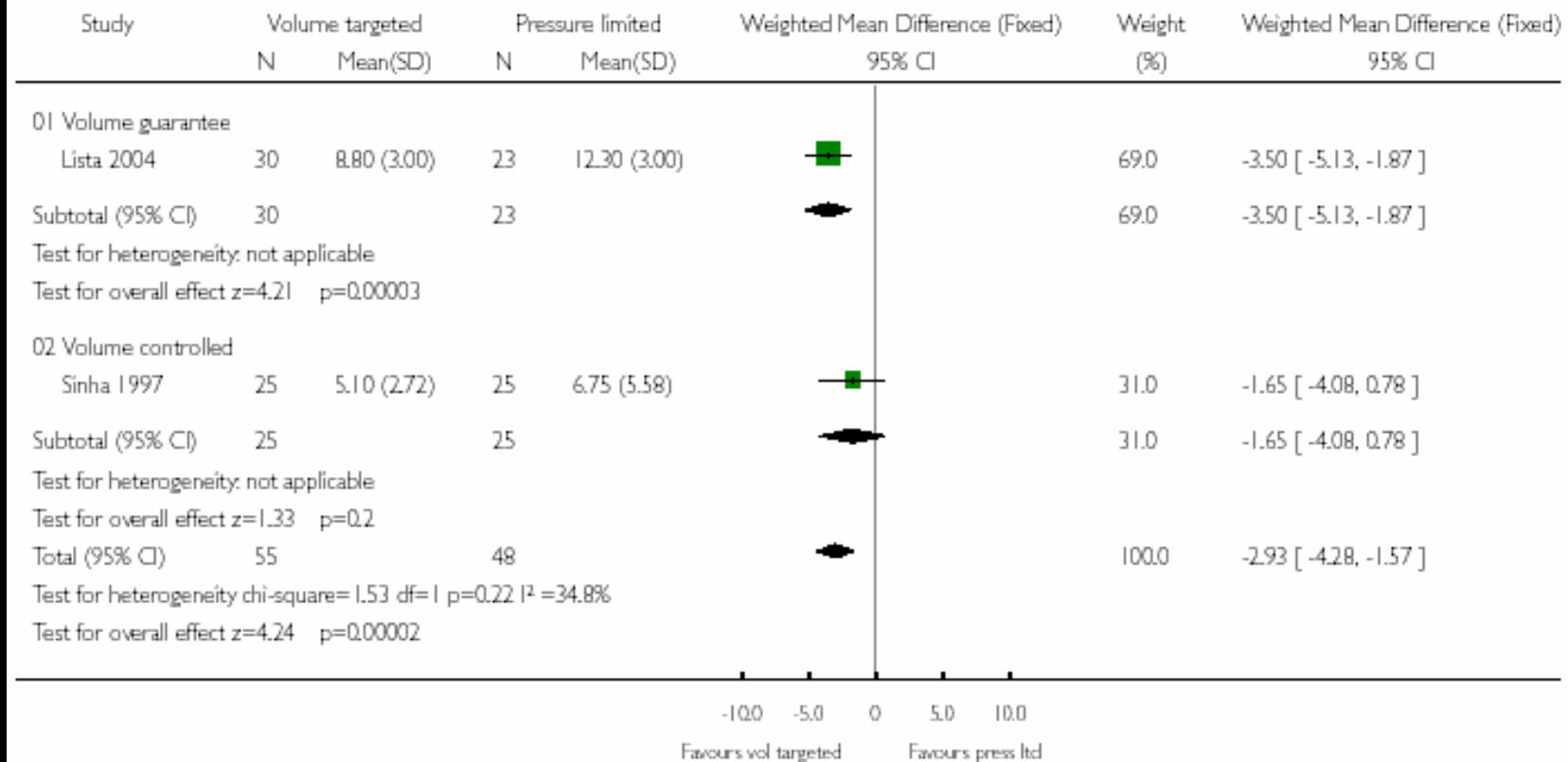
Outcome VTV: Duration of mechanical ventilation

Analysis 01.04. Comparison 01 Volume-targeted vs pressure limited ventilation, Outcome 04 Duration of intermittent positive pressure ventilation (days)

Review: Volume-targeted versus pressure-limited ventilation in the neonate

Comparison: 01 Volume-targeted vs pressure limited ventilation

Outcome: 04 Duration of intermittent positive pressure ventilation (days)



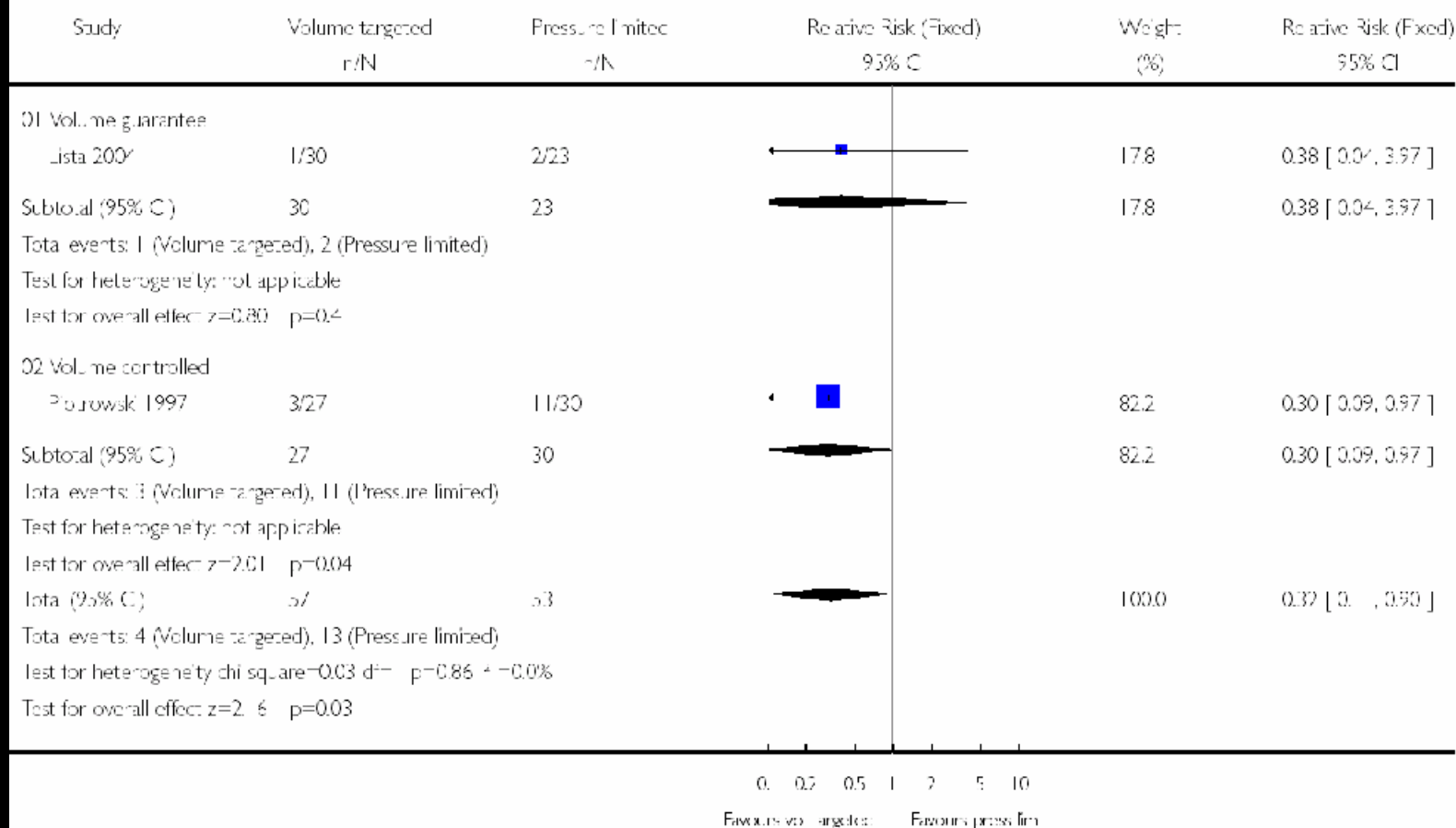
Outcome VTV: Severe IVH (grade 3 – 4)

Analysis 01.11. Comparison 01 Volume-targeted vs pressure limited ventilation, Outcome 11 Severe IVH (grade 3 or 4)

Review: Volume-targeted versus pressure-limited ventilation in the neonate

Comparison: 01 Volume-targeted vs pressure limited ventilation

Outcome: Severe IVH (grade 3 or 4)



Performance of neonatal ventilators in volume targeted ventilation mode

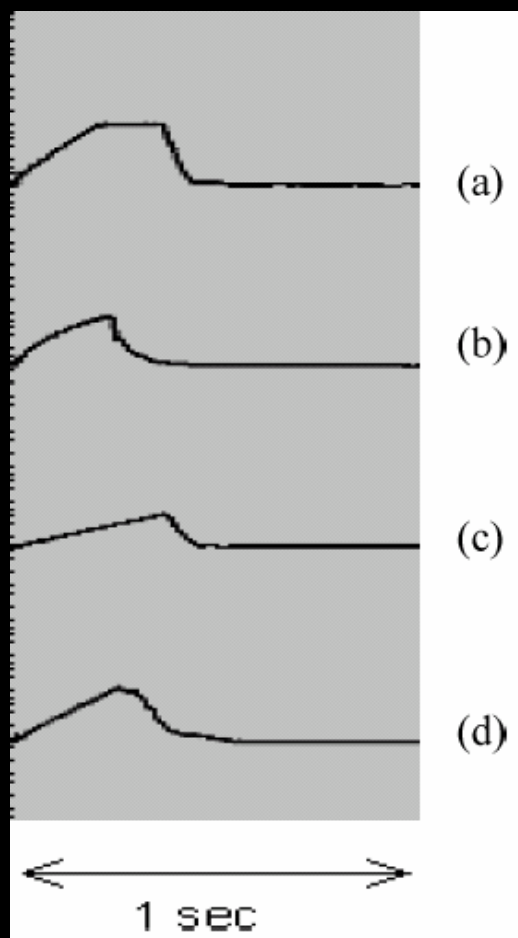
Airway Pressure Waveforms:

Ti of 0.35 sec

Peak inflating pressure of 25 cm H₂O

PEEP of 5 cm H₂O.

Volume guarantee level 10 mL



- (a) Draeger Babylog 8000
(Draeger Medical, Germany),
- (b) SLE 5000 infant ventilator
(SLE systems, UK),
- (c) Stephanie paediatric ventilator
(F. Stephan Biomedical, Germany)
- (d) V.I.P. Bird Gold
(Viasys Healthcare, USA)

Performance of neonatal ventilators in volume targeted ventilation mode

Settings:

Inflation time of
0.35 sec

Peak inflating
pressure of 25 cm
H₂O

PEEP of 5 cm H₂O

Volume guarantee
level 10 mL

Lung model:

Crs = 0.4 mL/cm H₂O

Rrs = 70 cm/H₂O/L/sec

“similar to the compliance and resistance of babies with the respiratory distress syndrome”

Results: Measured volume delivery

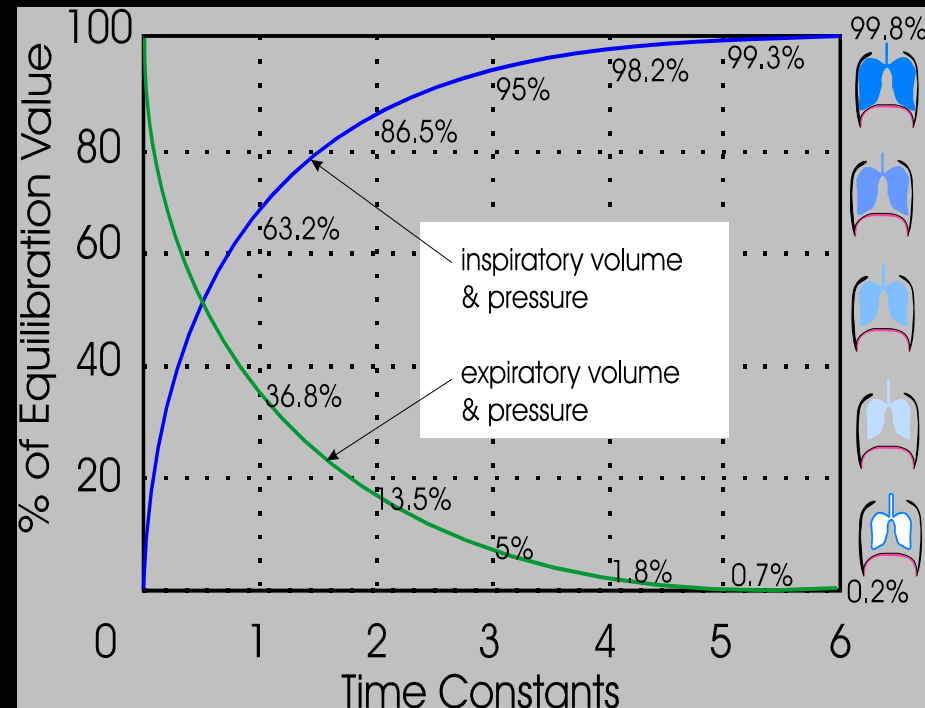
All ventilators delivered a lower V_t than preset

Time constant: $T = C_{rs} \times R_{rs}$

Resulting time constant:

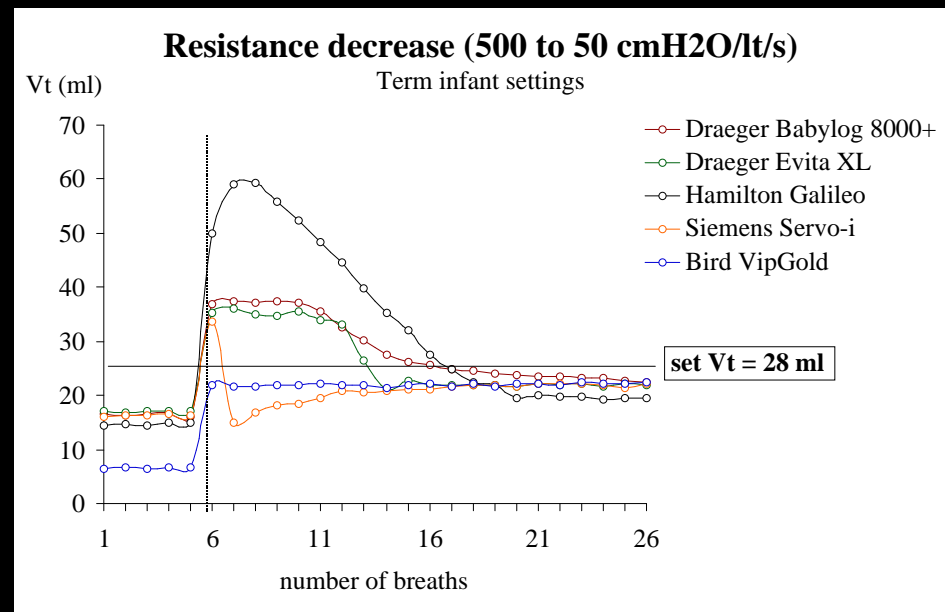
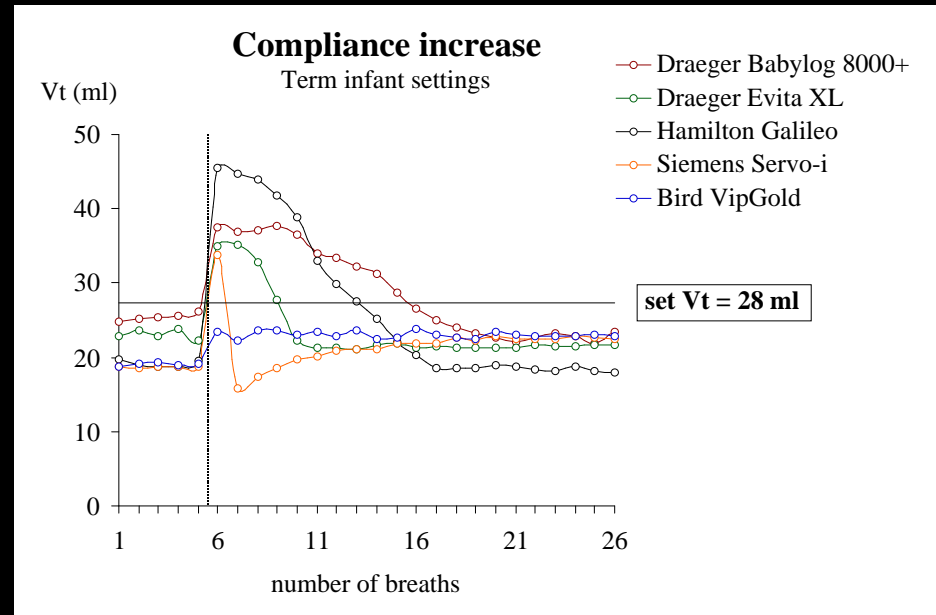
$$T = 0.4 \text{ mL/cm H}_2\text{O} \times 70 \text{ cm/H}_2\text{O/L/sec} = \mathbf{0.28 \text{ sec}}$$

Will pressure equilibrium
be reached in the lungs?



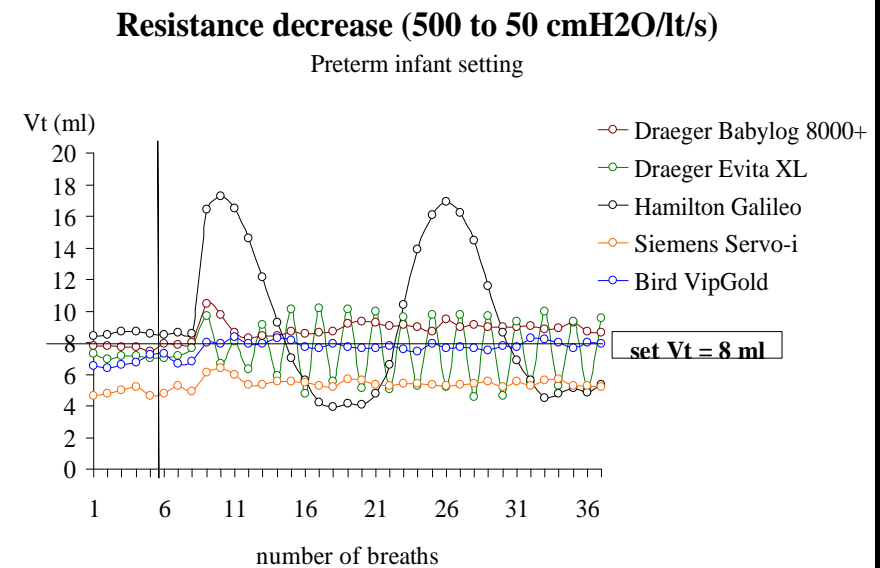
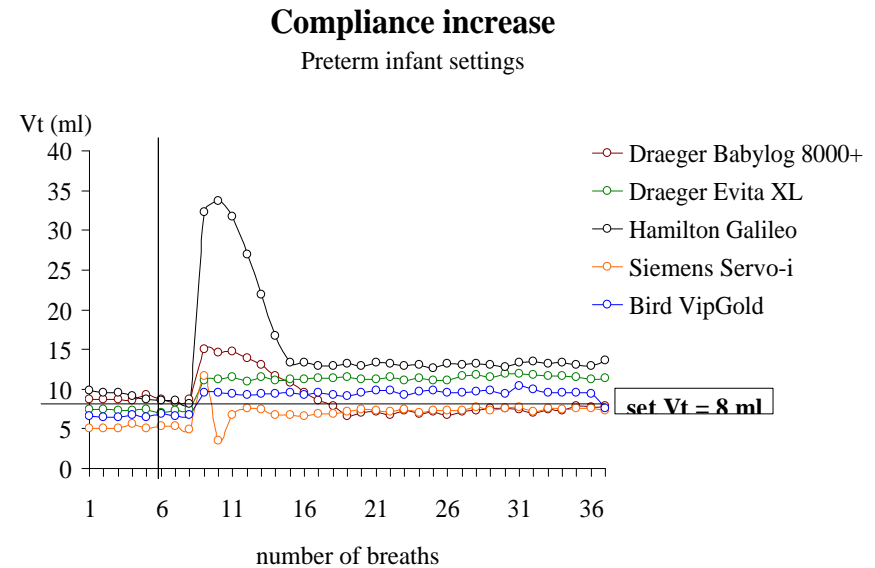
$$3 \times T = 3 \times (0.4 \text{ mL/cm H}_2\text{O} \times 70 \text{ cm/H}_2\text{O/L/sec}) = \mathbf{0.84 \text{ sec}}$$

Is VTV safe?



Jaecklin T et al. ICM 2007

Is VTV safe?



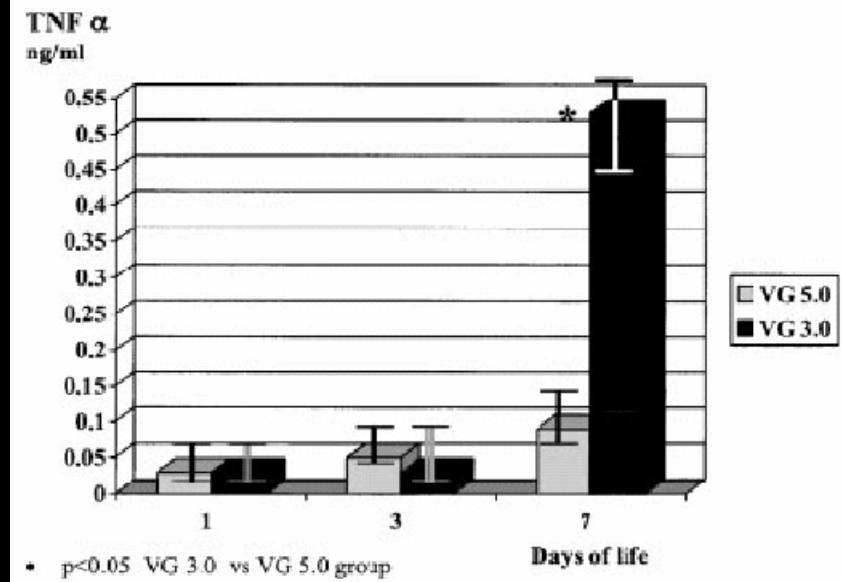
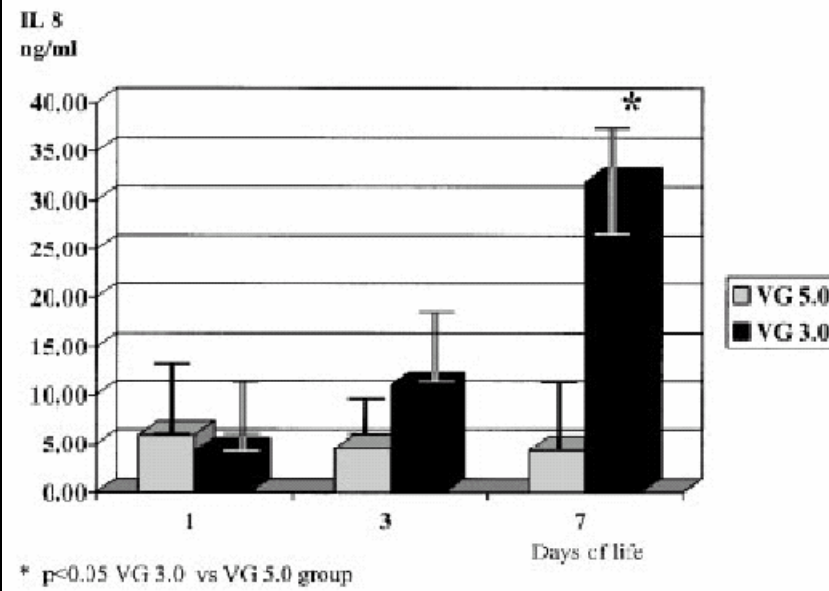
Jaecklin T et al. ICM 2007

Effects of Ventilation With Different Tidal Volumes

3 ml/kg versus 5 ml/kg

	VG 5.0 (n = 15)	VG 3.0 (n = 15)
Birth weight (g)	1,150 ± 360	1,085 ± 290
Gestational age (weeks)	27 ± 1.2	27 ± 1.6
a/APO ₂	0.15 ± 0.05	0.15 ± 0.04
Antenatal steroids, complete course (two cycles), n (%)	12 (80%)	12 (80%)

¹P = ns.



Effects of Ventilation With Different Tidal Volumes

3 ml/kg versus 5 ml/kg

TABLE 3— Outcomes of Neonates in Two Groups¹

	VG 5.0 group (n = 15)	VG 3.0 group (n = 15)
Length of ventilation (days; mean \pm SD)	9.2 \pm 4	16.8 \pm 4*
Surfactant (number of doses; median)	2 \pm 1	2 \pm 1
BPD (n)	2 (13%)	3 (20%)
Deaths (n)	1 (6.6%)	1 (6.6%)
IVH (\geq 3) (n)	1 (6.6%)	1 (6.6%)
PLV (n)	1 (6.6%)	1 (6.6%)
ROP (\geq 2) (n)	0	0
PIE (n)	1 (6%)	1 (6%)
PNX (n)	0	0
PDA closure (n)	11 (73.3%)	10 (66.6%)
Postnatal steroid therapy	2/15 (13%)	3/15 (20%)

¹In terms of incidence of bronchopulmonary dysplasia (BPD), retinopathy of prematurity (ROP), pulmonary interstitial emphysema (PIE), pneumothorax (PNX), and patency of ductus arteriosus (PDA).

* $P = 0.05$.

Technologie 3:

Maintenance of spontaneous breathing efforts:

Pressure Support

BiPAP

APRV

2005 -

	HFOV (n = 13)	PSV + VG (n = 12)	<i>P</i>
Mechanical ventilation at 7 days	3/13 (23)	2/12 (17)	1.000
O ₂ -therapy duration (days)	20.3 ± 14.6	22.0 ± 15.9	0.783
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Mortality	2/13 (15)	2/12 (17)	1.000

¹Mean ± SD or rate (%).

Dani C Pediatr Pulmonol 2006; 41:242–249

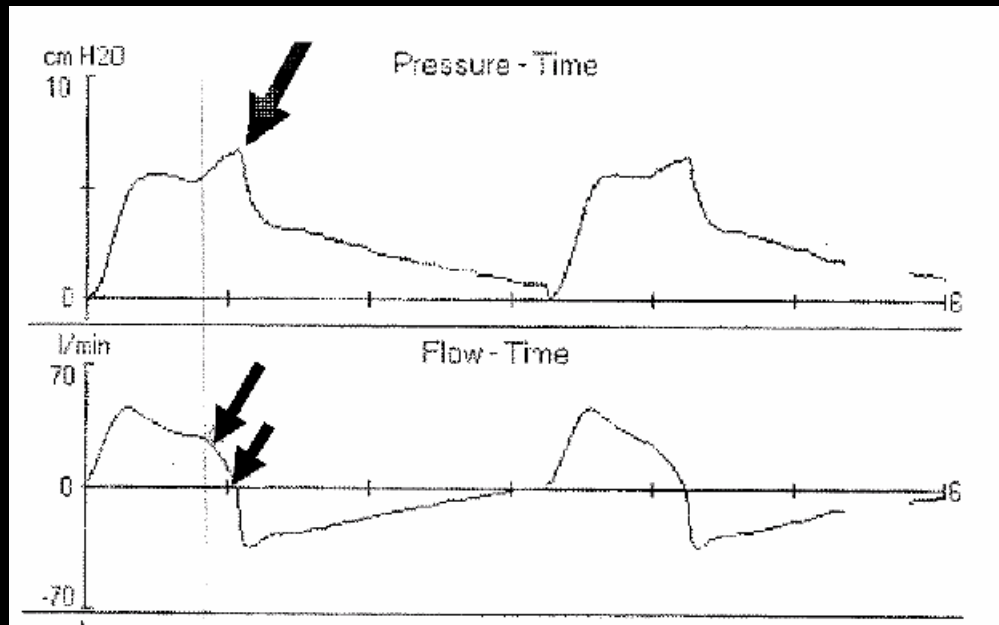
HFOV: The high-volume strategy was used ???

PSV + VG: Vt 5 ml/kg, PEEP of 3 cmH₂O

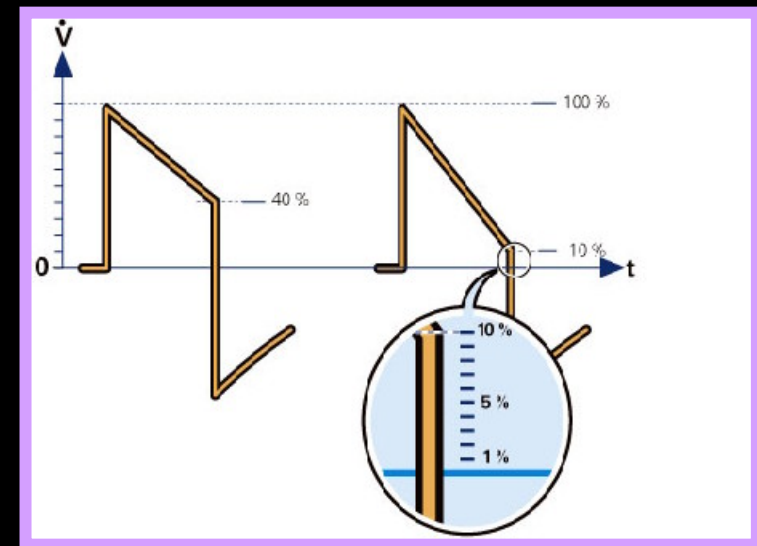
Ventilatory Goal: pH >7.20 , pCO₂ <65 mmHg, and pO₂ >50 mmHg.

Pressure-Support and flow termination criteria

The non synchronized patient during Pressure-Support
(inappropriate end-inspiratory flow termination criteria)

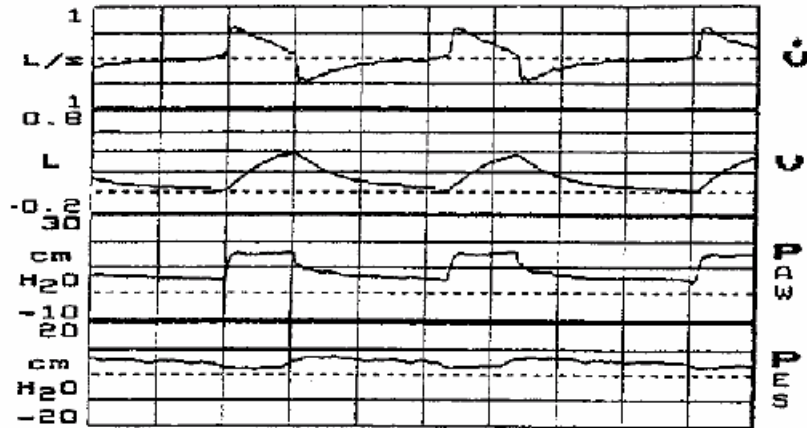


Nilsestuen J Respir Care 2005;50:202–232.

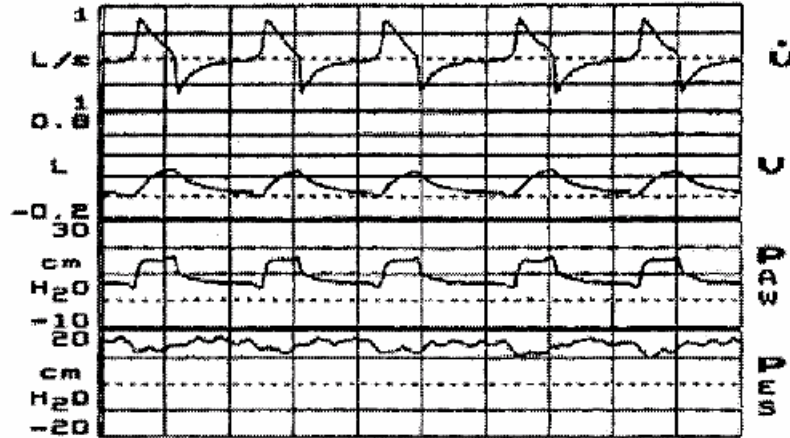


Pressure-Support and flow termination criteria

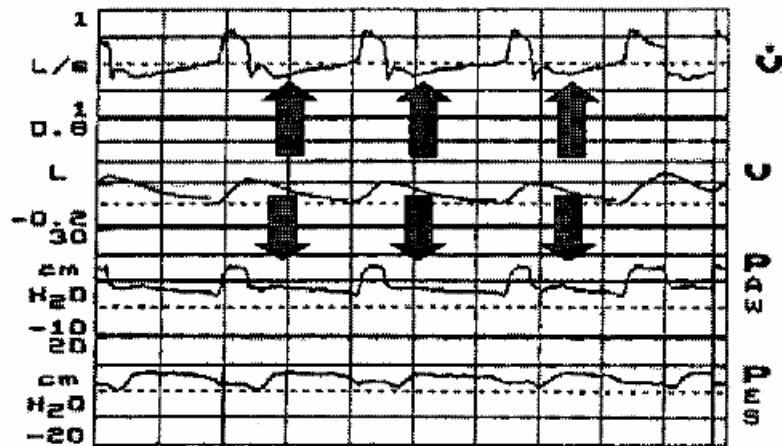
Termination Criterion 5%



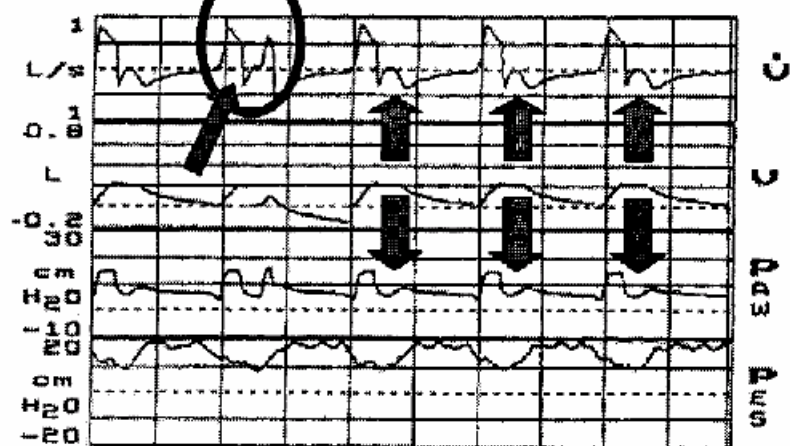
Termination Criterion 5%



Termination Criterion 35%



~~Termination Criterion 45%~~



Increase in RR, reduction in VT, increase in WOB

Nilsestuen J
Respir Care 2005

Health technology assessment is only useful
when the policy environment is mature enough
to handle its results

van Beusekom I, Kahan J.

*Annu Meet Int Soc Technol Assess Health Care Int Soc Technol
Assess Health Care Meet.* 2002; 18: abstract no. 323.

Lung-protective ventilation strategies in neonatology: What do we know—What do we need to know?

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Have the study questions be addressed adequately?

Most of the RCTs show weaknesses in the design, which may explain the inconsistent effect of high-frequency ventilation on bronchopulmonary dysplasia.

RCTs on CMV only focused on comparing various modes and settings, leaving the important question **whether reducing tidal volume or increasing positive end-expiratory pressure is also lung protective in newborn infants unanswered.**

